

Seattle vs Air Force, SFU - 1/11/2019

Results - Friday

Event 1 Women 200 Yard Medley Relay

| Team | Relay | Finals Time |
|---------------------------|---------------------------------|-------------|
| 1 AFA-CO | A | 1:47.37 |
| 1) Stronko, Kylie J 19 | 2) Wittich, Caroline 19 | |
| 3) Min, Esther S 21 | 4) Campbell, Lia B 19 | |
| 27.42 30.25 | 25.42 24.28 | |
| 2 SFU | A | 1:48.95 |
| 1) Loewen, Kennedy 18 | 2) Doner, Jordan 18 | |
| 3) Gibson, Jessie 20 | 4) Sharkey, Kaleigh 19 | |
| 27.98 30.85 | 25.39 24.73 | |
| 3 AFA-CO | B | 1:50.52 |
| 1) Strom, Emma R 21 | 2) Schellin, Heidi J 20 | |
| 3) Bardak, Emily E 18 | 4) Shimomura, Sidney M 18 | |
| 27.75 30.34 | 26.75 25.68 | |
| 4 SEAU-PN | A | 1:54.96 |
| 1) Wong, Jennifer A 19 | 2) Himes, Darian M 20 | |
| 3) Lasher, Bryn S 19 | 4) Thompson, Margaux J 20 | |
| 30.00 32.48 | 27.35 25.13 | |
| 5 SFU | B | 1:55.30 |
| 1) Porreca, Sabrina 19 | 2) Von Sacken Nash, Victoria 18 | |
| 3) Hardman, Kaylie 18 | 4) Rosychuk, Katie 18 | |
| 30.50 31.65 | 27.05 26.10 | |
| 6 SEAU-PN | B | 1:56.05 |
| 1) Chan, Marissa P 18 | 2) McGill, Emma M 19 | |
| 3) Rapp, Maddie R 20 | 4) Delozier, Kailey M 19 | |
| 30.19 32.89 | 27.34 25.63 | |
| --- AFA-CO | C | DQ |
| 1) Adkins, Mackenzie L 19 | 2) Johnson, Evelyn N 19 | |
| 3) Gawronski, Dia M 18 | 4) Carlin, Ally E 18 | |
| 28.38 31.06 | 27.53 25.37 | |

Event 2 Men 200 Yard Medley Relay

| Team | Relay | Finals Time |
|--------------------------|---------------------------|-------------|
| 1 AFA-CO | A | 1:32.95 |
| 1) Gwin, Isaac A 19 | 2) Nelson, Zach C 20 | |
| 3) Limpert, Andrew R 18 | 4) McAnany, Cole C 22 | |
| 23.15 25.90 | 22.79 21.11 | |
| 2 SEAU-PN | A | 1:34.94 |
| 1) Shaw, Ryan T 21 | 2) Neton, Jack T 20 | |
| 3) Saric, Milan * 18 | 4) Goodspeed, Tyler D 18 | |
| 24.43 26.85 | 22.68 20.98 | |
| 3 SFU | A | 1:35.29 |
| 1) Hernandez, Rolando 21 | 2) Fuller, Mathew 20 | |
| 3) Fejzic, Amar 19 | 4) Lee, Gabriel 22 | |
| 24.15 27.62 | 22.39 21.13 | |
| 4 AFA-CO | B | 1:38.12 |
| 1) Settle, Ben M 20 | 2) Richichi, Brendan J 20 | |
| 3) Pang, Aaron H 18 | 4) Weiss, Andrew T 20 | |
| 24.88 26.85 | 24.39 22.00 | |
| 5 SFU | B | 1:38.40 |
| 1) Woinoski, Andrew 20 | 2) Woinoski, Tim 23 | |
| 3) Woinoski, Alex 18 | 4) Nesdoly, Matthew 19 | |
| 25.22 27.27 | 23.77 22.14 | |
| 6 SEAU-PN | B | 1:40.89 |
| 1) Evenson, Colby A 19 | 2) He, Chang * 19 | |
| 3) Fujii, Shawn J 20 | 4) Goguen, Jake J 19 | |
| 26.20 28.51 | 23.95 22.23 | |

Event 3 Women 200 Yard Freestyle

| Name | Age | School | Finals Time |
|--------------------------|-------|---------|-------------|
| 1 Olvet, Kristen | 20 | SFU | 1:54.19 |
| 26.87 28.95 | 29.08 | 29.29 | |
| 2 Rosychuk, Katie | 18 | SFU | 1:56.44 |
| 28.06 29.62 | 29.45 | 29.31 | |
| 3 Diehl, Lauren | 21 | SFU | 1:56.86 |
| 27.95 30.37 | 29.72 | 28.82 | |
| 4 Bardak, Emily E | 18 | AFA-CO | 1:57.58 |
| 27.22 29.83 | 30.69 | 29.84 | |
| 5 Cummiskey, Marina | 18 | SFU | 1:57.62 |
| 27.57 30.03 | 30.11 | 29.91 | |
| 6 Carlin, Ally E | 18 | AFA-CO | 1:57.93 |
| 27.10 30.01 | 30.83 | 29.99 | |
| 7 Brechbuhl, Elisabeth a | 22 | AFA-CO | 1:57.98 |
| 27.85 29.85 | 30.47 | 29.81 | |
| 8 Wolfram, Autumn E | 21 | AFA-CO | 1:58.23 |
| 26.79 29.62 | 30.49 | 31.33 | |
| 9 Carr, Sarah E | 18 | SEAU-PN | 1:58.88 |
| 27.90 30.20 | 30.57 | 30.21 | |
| 10 Gorman, Julia C | 20 | SEAU-PN | 1:58.90 |
| 27.17 29.84 | 30.93 | 30.96 | |
| 11 Van Stone, Jayna K | 21 | SEAU-PN | 2:01.12 |
| 27.29 30.54 | 31.33 | 31.96 | |
| 12 Rapp, Maddie R | 20 | SEAU-PN | 2:01.97 |
| 28.54 31.16 | 31.33 | 30.94 | |
| --- Miller, Gaby M | 21 | AFA-CO | X1:58.74 |
| 27.71 30.39 | 30.62 | 30.02 | |
| --- Armbruster, Ally M | 19 | AFA-CO | X2:01.04 |
| 28.65 30.79 | 31.26 | 30.34 | |

Event 4 Men 200 Yard Freestyle

| Name | Age | School | Finals Time |
|-----------------------|-------|---------|-------------|
| 1 Hernandez, Rolando | 21 | SFU | 1:41.76 |
| 23.17 25.40 | 26.25 | 26.94 | |
| 2 Lattin, Matthew J | 19 | AFA-CO | 1:42.02 |
| 23.54 25.45 | 26.67 | 26.36 | |
| 3 Gwin, Isaac A | 19 | AFA-CO | 1:42.04 |
| 23.88 26.39 | 25.55 | 26.22 | |
| 4 Fuller, Mathew | 20 | SFU | 1:42.54 |
| 23.77 25.91 | 26.61 | 26.25 | |
| 5 Shepard, Corey A | 19 | AFA-CO | 1:43.26 |
| 23.83 25.67 | 26.37 | 27.39 | |
| 6 Crossen, Mitchell M | 21 | SEAU-PN | 1:43.40 |
| 23.97 26.10 | 26.84 | 26.49 | |
| 7 Lau, Micah | 18 | SFU | 1:44.55 |
| 24.49 26.83 | 26.85 | 26.38 | |
| 8 Orr, Erik C | 20 | AFA-CO | 1:44.72 |
| 24.20 26.30 | 26.96 | 27.26 | |
| 9 Hamill, Mackenzie | 21 | SFU | 1:44.94 |
| 24.44 26.38 | 27.11 | 27.01 | |
| 10 Goguen, Jake J | 19 | SEAU-PN | 1:45.08 |
| 24.55 26.63 | 27.18 | 26.72 | |
| 11 Roderick, Alex E | 20 | SEAU-PN | 1:45.18 |
| 24.72 27.43 | 26.69 | 26.34 | |
| 12 Zenteno, Zach G | 21 | SEAU-PN | 1:45.53 |
| 24.54 26.64 | 27.08 | 27.27 | |

Seattle vs Air Force, SFU - 1/11/2019

Results - Friday

(Event 4 Men 200 Yard Freestyle)

| Name | Age | School | Finals Time |
|--------------------|-------|---------|-------------|
| --- Copioli, Gio G | 18 | SEAU-PN | X1:49.64 |
| | 25.76 | 27.73 | 28.29 |
| | | | 27.86 |
| --- Woinoski, Alex | 18 | SFU | X1:50.60 |
| | 25.82 | 27.93 | 28.67 |
| | | | 28.18 |

Event 5 Women 50 Yard Freestyle

| Name | Age | School | Finals Time |
|-------------------------|-----|---------|-------------|
| 1 Plamondon, Allison A | 19 | SEAU-PN | 24.67 |
| 2 Chen, Jessica J | 21 | AFA-CO | 25.23 |
| 3 Campbell, Lia B | 19 | AFA-CO | 25.34 |
| 4 Wittich, Caroline | 19 | AFA-CO | 25.46 |
| 5 Marchese, Tassa | 18 | SFU | 25.51 |
| 6 Lasher, Bryn S | 19 | SEAU-PN | 25.54 |
| 7 Doner, Jordan | 18 | SFU | 25.81 |
| 8 Stronko, Kylie J | 19 | AFA-CO | 26.02 |
| 9 Gabanek, Olivia P | 19 | SEAU-PN | 26.20 |
| 10 Kan, Alicia | 22 | SFU | 26.31 |
| 11 Devadason, Sherlyn M | 20 | SEAU-PN | 26.36 |
| 12 Lang-Hodge, Annmarie | 19 | SFU | 26.55 |
| --- Lim, Kathy | 21 | AFA-CO | X25.89 |
| --- Shirley, Alexis J | 19 | AFA-CO | X26.72 |
| --- Schulte, Jenessa E | 21 | SEAU-PN | X27.37 |

Event 6 Men 50 Yard Freestyle

| Name | Age | School | Finals Time |
|------------------------|-----|---------|-------------|
| 1 Raper, Greg A | 20 | SEAU-PN | 20.97 |
| 2 VanderHelm, Adrian | 23 | SFU | 21.21 |
| 3 Limpert, Andrew R | 18 | AFA-CO | 21.26 |
| 4 Parker, Isaac B | 20 | SEAU-PN | 21.57 |
| 5 Keane, Ian P | 23 | SEAU-PN | 21.60 |
| 6 Saric, Milan * | 18 | SEAU-PN | 21.67 |
| 7 McAnany, Cole C | 22 | AFA-CO | 21.79 |
| 8 Fejzic, Amar | 19 | SFU | 22.56 |
| 9 Zhang, Jimmy | 18 | SFU | 22.62 |
| 10 Weiss, Andrew T | 20 | AFA-CO | 22.72 |
| 11 Sinats, Andreas | 20 | SFU | 22.78 |
| --- Goodspeed, Tyler D | 18 | SEAU-PN | X21.99 |
| --- He, Chang * | 19 | SEAU-PN | X22.87 |
| --- Nездoly, Matthew | 19 | SFU | X24.39 |

Event 7 Women 400 Yard IM

| Name | Age | School | Finals Time |
|---------------------|-------|--------|-------------|
| 1 Lawrance, Erin | 19 | SFU | 4:30.77 |
| | 28.43 | 32.06 | 34.77 |
| | | | 34.71 |
| | 39.11 | 38.92 | 31.87 |
| | | | 30.90 |
| 2 Schellin, Heidi J | 20 | AFA-CO | 4:35.40 |
| | 29.59 | 33.70 | 36.33 |
| | | | 35.34 |
| | 37.34 | 38.20 | 32.92 |
| | | | 31.98 |
| 3 Strom, Emma R | 21 | AFA-CO | 4:39.35 |
| | 30.41 | 33.85 | 34.44 |
| | | | 34.47 |
| | 40.62 | 40.03 | 32.50 |
| | | | 33.03 |
| 4 Glover, Jayden N | 20 | AFA-CO | 4:39.71 |
| | 29.99 | 33.44 | 35.91 |
| | | | 36.76 |
| | 39.92 | 40.51 | 31.76 |
| | | | 31.42 |
| 5 Hardman, Kaylie | 18 | SFU | 4:44.26 |
| | 28.73 | 33.89 | 36.58 |
| | | | 35.55 |
| | 40.17 | 40.92 | 34.81 |
| | | | 33.61 |

| | | | |
|-----------------------------|-------|---------|----------|
| 6 Von Sacken Nash, Victoria | 18 | SFU | 4:45.31 |
| | 31.31 | 35.07 | 38.33 |
| | | | 37.06 |
| | 38.37 | 39.55 | 33.50 |
| | | | 32.12 |
| 7 Shimomura, Sidney M | 18 | AFA-CO | 4:50.83 |
| | 29.66 | 33.98 | 37.26 |
| | | | 37.03 |
| | 42.36 | 41.61 | 34.41 |
| | | | 34.52 |
| 8 Bakewell, Emily N | 20 | SEAU-PN | 4:50.88 |
| | 30.82 | 35.16 | 38.45 |
| | | | 38.43 |
| | 39.56 | 40.75 | 34.15 |
| | | | 33.56 |
| 9 Porreca, Sabrina | 19 | SFU | 4:55.55 |
| | 31.20 | 36.07 | 36.67 |
| | | | 35.70 |
| | 43.79 | 44.92 | 34.38 |
| | | | 32.82 |
| --- Buzzelli, Ashley A | 19 | AFA-CO | X4:41.20 |
| | 29.35 | 33.26 | 36.40 |
| | | | 34.93 |
| | 40.21 | 41.54 | 33.52 |
| | | | 31.99 |
| --- Johnson, Evelyn N | 19 | AFA-CO | X4:42.13 |
| | 29.17 | 33.75 | 35.98 |
| | | | 35.69 |
| | 39.43 | 39.36 | 34.15 |
| | | | 34.60 |
| --- Adkins, Mackenzie L | 19 | AFA-CO | X4:45.22 |
| | 29.95 | 33.54 | 35.37 |
| | | | 35.26 |
| | 43.06 | 41.59 | 33.50 |
| | | | 32.95 |
| --- Mahoney, Elizabeth M | 21 | AFA-CO | X4:54.83 |
| | 29.69 | 35.33 | 38.56 |
| | | | 37.77 |
| | 41.61 | 43.40 | 34.51 |
| | | | 33.96 |

Event 8 Men 400 Yard IM

| Name | Age | School | Finals Time |
|----------------------|-------|---------|-------------|
| 1 VanderHelm, Adrian | 23 | SFU | 3:57.96 |
| | 24.53 | 28.12 | 30.81 |
| | | | 30.24 |
| | 35.08 | 35.21 | 27.38 |
| | | | 26.59 |
| 2 Lochmaier, Peter G | 19 | AFA-CO | 4:02.63 |
| | 25.28 | 28.61 | 31.74 |
| | | | 31.74 |
| | 36.21 | 34.98 | 27.09 |
| | | | 26.98 |
| 3 Gagne, Collyn | 18 | SFU | 4:03.79 |
| | 26.18 | 29.21 | 31.86 |
| | | | 30.44 |
| | 35.38 | 35.61 | 28.01 |
| | | | 27.10 |
| 4 Grimm, Adam L | 18 | AFA-CO | 4:05.95 |
| | 26.07 | 30.28 | 32.02 |
| | | | 31.72 |
| | 36.01 | 35.61 | 27.94 |
| | | | 26.30 |
| 5 Woinoski, Andrew | 20 | SFU | 4:06.69 |
| | 27.07 | 30.79 | 33.12 |
| | | | 31.29 |
| | 34.64 | 35.32 | 28.02 |
| | | | 26.44 |
| 6 Davis, Logan C | 19 | AFA-CO | 4:07.25 |
| | 25.61 | 29.02 | 31.93 |
| | | | 31.46 |
| | 35.46 | 35.63 | 29.40 |
| | | | 28.74 |
| 7 Woinoski, Tim | 23 | SFU | 4:11.71 |
| | 27.25 | 30.53 | 32.76 |
| | | | 31.65 |
| | 37.66 | 37.24 | 27.83 |
| | | | 26.79 |
| 8 Vivadelli, Vinny A | 20 | AFA-CO | 4:13.92 |
| | 26.67 | 30.44 | 33.61 |
| | | | 33.05 |
| | 36.76 | 36.66 | 28.80 |
| | | | 27.93 |
| 9 Mercer, Taj C | 20 | SEAU-PN | 4:17.67 |
| | 27.10 | 30.56 | 34.00 |
| | | | 33.49 |
| | 36.33 | 35.84 | 30.64 |
| | | | 29.71 |
| 10 Evenson, Colby A | 19 | SEAU-PN | 4:20.37 |
| | 27.07 | 32.50 | 33.17 |
| | | | 32.80 |
| | 37.51 | 37.62 | 30.45 |
| | | | 29.25 |

Seattle vs Air Force, SFU - 1/11/2019

Results - Friday

(Event 8 Men 400 Yard IM)

| Name | Age | School | Finals Time |
|-------------------|-------|---------|-------------|
| 11 Bailey, Kyle B | 19 | SEAU-PN | 4:24.80 |
| | 27.90 | 31.34 | 33.62 |
| | 37.70 | 38.31 | 31.07 |
| | | | 34.34 |
| | | | 30.52 |

Event 9 Women 100 Yard Butterfly

| Name | Age | School | Finals Time |
|-------------------------|-------|---------|-------------|
| 1 Gibson, Jessie | 20 | SFU | 56.52 |
| | 26.47 | 30.05 | |
| 2 Min, Esther S | 21 | AFA-CO | 57.61 |
| | 26.64 | 30.97 | |
| 3 Bardak, Emily E | 18 | AFA-CO | 58.24 |
| | 27.44 | 30.80 | |
| 4 Diehl, Lauren | 21 | SFU | 59.62 |
| | 28.50 | 31.12 | |
| 5 Rapp, Maddie R | 20 | SEAU-PN | 59.76 |
| | 28.14 | 31.62 | |
| 6 Devadason, Sherlyn M | 20 | SEAU-PN | 1:00.36 |
| | 28.50 | 31.86 | |
| 7 Gough, Emily N | 21 | SEAU-PN | 1:00.51 |
| | 29.06 | 31.45 | |
| 8 Gawronski, Dia M | 18 | AFA-CO | 1:00.91 |
| | 29.35 | 31.56 | |
| 9 Hardman, Kaylie | 18 | SFU | 1:01.09 |
| | 28.34 | 32.75 | |
| 10 Kan, Alicia | 22 | SFU | 1:01.18 |
| | 28.51 | 32.67 | |
| 11 Lasher, Bryn S | 19 | SEAU-PN | 1:01.46 |
| | 28.18 | 33.28 | |
| 12 Lim, Kathy | 21 | AFA-CO | 1:02.07 |
| | 29.02 | 33.05 | |
| --- Linzmeyer, Kelsey J | 21 | AFA-CO | X1:02.24 |
| | 28.70 | 33.54 | |
| --- Armbruster, Ally M | 19 | AFA-CO | X1:02.47 |
| | 29.56 | 32.91 | |
| --- Schulte, Jenessa E | 21 | SEAU-PN | X1:05.24 |
| | 29.93 | 35.31 | |

Event 10 Men 100 Yard Butterfly

| Name | Age | School | Finals Time |
|----------------------|-------|---------|-------------|
| 1 Lee, Gabriel | 22 | SFU | 49.44 |
| | 23.30 | 26.14 | |
| 2 Raper, Greg A | 20 | SEAU-PN | 49.70 |
| | 23.36 | 26.34 | |
| 3 Limpert, Andrew R | 18 | AFA-CO | 50.64 |
| | 23.79 | 26.85 | |
| 4 Nelson, Zach C | 20 | AFA-CO | 51.26 |
| | 23.93 | 27.33 | |
| 5 Fujii, Shawn J | 20 | SEAU-PN | 51.68 |
| | 23.76 | 27.92 | |
| 6 Saric, Milan * | 18 | SEAU-PN | 51.71 |
| | 24.12 | 27.59 | |
| 7 Davis, Logan C | 19 | AFA-CO | 52.37 |
| | 24.80 | 27.57 | |
| 8 Goodspeed, Tyler D | 18 | SEAU-PN | 53.46 |
| | 25.39 | 28.07 | |

| | | | |
|----------------------|-------|---------|--------|
| 9 Fejzic, Amar | 19 | SFU | 53.75 |
| | 24.92 | 28.83 | |
| 10 Pang, Aaron H | 18 | AFA-CO | 55.04 |
| | 25.48 | 29.56 | |
| 11 Marino, Antonio | 19 | SFU | 57.41 |
| | 26.22 | 31.19 | |
| --- Ascencio, Ryan C | 18 | SEAU-PN | X54.39 |
| | 25.74 | 28.65 | |

Event 11 Women 100 Yard Freestyle

| Name | Age | School | Finals Time |
|-------------------------|-------|---------|-------------|
| 1 Wolfgramm, Autumn E | 21 | AFA-CO | 54.54 |
| | 25.97 | 28.57 | |
| 2 Cummiskey, Marina | 18 | SFU | 54.70 |
| | 26.68 | 28.02 | |
| 3 Chen, Jessica J | 21 | AFA-CO | 55.13 |
| | 26.71 | 28.42 | |
| 4 Marchese, Tassa | 18 | SFU | 55.19 |
| | 26.87 | 28.32 | |
| 5 Carlin, Ally E | 18 | AFA-CO | 55.30 |
| | 26.91 | 28.39 | |
| 6 Carr, Sarah E | 18 | SEAU-PN | 55.87 |
| | 27.00 | 28.87 | |
| 7 Thompson, Margaux J | 20 | SEAU-PN | 56.34 |
| | 27.02 | 29.32 | |
| 8 Mah, Janey | 18 | SFU | 56.75 |
| | 27.10 | 29.65 | |
| 9 Shirley, Alexis J | 19 | AFA-CO | 57.08 |
| | 27.52 | 29.56 | |
| 10 Lang-Hodge, Annmarie | 19 | SFU | 57.29 |
| | 27.74 | 29.55 | |
| 11 Gabanek, Olivia P | 19 | SEAU-PN | 57.43 |
| | 27.24 | 30.19 | |
| 12 Delozier, Kailey M | 19 | SEAU-PN | 57.48 |
| | 27.76 | 29.72 | |

Event 12 Men 100 Yard Freestyle

| Name | Age | School | Finals Time |
|-----------------------|-------|---------|-------------|
| 1 VanderHelm, Adrian | 23 | SFU | 45.69 |
| | 22.14 | 23.55 | |
| 2 Lattin, Matthew J | 19 | AFA-CO | 46.42 |
| | 22.38 | 24.04 | |
| 3 Crossen, Mitchell M | 21 | SEAU-PN | 47.21 |
| | 22.73 | 24.48 | |
| 4 Keane, Ian P | 23 | SEAU-PN | 47.36 |
| | 22.65 | 24.71 | |
| 5 Roderick, Alex E | 20 | SEAU-PN | 47.62 |
| | 23.02 | 24.60 | |
| 6 Shepard, Corey A | 19 | AFA-CO | 47.70 |
| | 23.33 | 24.37 | |
| 7 Parker, Isaac B | 20 | SEAU-PN | 47.88 |
| | 22.86 | 25.02 | |
| 8 Orr, Erik C | 20 | AFA-CO | 47.99 |
| | 23.05 | 24.94 | |
| 9 Fuller, Mathew | 20 | SFU | 49.33 |
| | 23.48 | 25.85 | |
| 10 Nesdoly, Matthew | 19 | SFU | 53.33 |
| | 25.55 | 27.78 | |

Seattle vs Air Force, SFU - 1/11/2019

Results - Friday

(Event 12 Men 100 Yard Freestyle)

| Name | Age | School | Finals Time |
|--------------------|-------|---------|-------------|
| --- Copioli, Gio G | 18 | SEAU-PN | X51.90 |
| 25.08 | 26.82 | | |

Event 13 Women 100 Yard Backstroke

| Name | Age | School | Finals Time |
|------------------------|-------|---------|-------------|
| 1 Stronko, Kylie J | 19 | AFA-CO | 57.79 |
| 28.08 | 29.71 | | |
| 2 Loewen, Kennedy | 18 | SFU | 58.96 |
| 28.86 | 30.10 | | |
| 3 Strom, Emma R | 21 | AFA-CO | 1:00.63 |
| 29.15 | 31.48 | | |
| 4 Plamondon, Allison A | 19 | SEAU-PN | 1:00.82 |
| 29.57 | 31.25 | | |
| 5 Adkins, Mackenzie L | 19 | AFA-CO | 1:00.87 |
| 29.69 | 31.18 | | |
| 6 Porreca, Sabrina | 19 | SFU | 1:03.54 |
| 31.11 | 32.43 | | |
| 7 Sun, Hatty | 18 | SFU | 1:04.44 |
| 31.26 | 33.18 | | |
| 8 Chan, Marissa P | 18 | SEAU-PN | 1:04.46 |
| 31.78 | 32.68 | | |
| 9 Himes, Darian M | 20 | SEAU-PN | 1:04.59 |
| 31.56 | 33.03 | | |
| 10 Wong, Jennifer A | 19 | SEAU-PN | 1:05.14 |
| 31.21 | 33.93 | | |

Event 14 Men 100 Yard Backstroke

| Name | Age | School | Finals Time |
|------------------------|-------|---------|-------------|
| 1 Gwin, Isaac A | 19 | AFA-CO | 49.99 |
| 24.19 | 25.80 | | |
| 2 McAnany, Cole C | 22 | AFA-CO | 50.53 |
| 24.45 | 26.08 | | |
| 3 Shaw, Ryan T | 21 | SEAU-PN | 52.37 |
| 25.17 | 27.20 | | |
| 4 Zhang, Jimmy | 18 | SFU | 52.68 |
| 25.88 | 26.80 | | |
| 5 Settle, Ben M | 20 | AFA-CO | 53.05 |
| 25.96 | 27.09 | | |
| 6 Gagne, Collyn | 18 | SFU | 55.08 |
| 26.98 | 28.10 | | |
| 7 Evenson, Colby A | 19 | SEAU-PN | 55.91 |
| 27.19 | 28.72 | | |
| 8 Neton, Jack T | 20 | SEAU-PN | 56.73 |
| 27.64 | 29.09 | | |
| 9 Woinoski, Alex | 18 | SFU | 58.62 |
| 28.75 | 29.87 | | |
| --- Hernandez, Rolando | 21 | SFU | X51.17 |
| 24.68 | 26.49 | | |

Event 15 Women 500 Yard Freestyle

| Name | Age | School | Finals Time |
|------------------|-------|--------|-------------|
| 1 Olvet, Kristen | 20 | SFU | 5:06.50 |
| 28.02 | 30.24 | 30.88 | 30.86 |
| 30.96 | 30.98 | 30.92 | 31.25 |
| 31.39 | 31.00 | | |

| | | | |
|------------------|-------|-------|---------|
| 2 Lawrance, Erin | 19 | SFU | 5:08.73 |
| 28.02 | 30.46 | 30.76 | 31.19 |
| 31.22 | 31.26 | 31.39 | 31.53 |
| 31.55 | 31.35 | | |

| | | | |
|--------------------------|-------|--------|---------|
| 3 Brechbuhl, Elisabeth a | 22 | AFA-CO | 5:11.69 |
| 28.46 | 30.64 | 31.35 | 31.64 |
| 31.61 | 31.74 | 31.54 | 31.97 |
| 31.81 | 30.93 | | |

| | | | |
|----------------------|-------|--------|---------|
| 4 Buzzelli, Ashley A | 19 | AFA-CO | 5:13.99 |
| 28.52 | 31.10 | 31.72 | 31.69 |
| 31.72 | 31.92 | 32.05 | 32.10 |
| 32.27 | 30.90 | | |

| | | | |
|-----------------------|-------|--------|---------|
| 5 Linzmeyer, Kelsey J | 21 | AFA-CO | 5:14.26 |
| 29.01 | 31.11 | 31.44 | 31.71 |
| 31.82 | 31.84 | 32.06 | 32.25 |
| 31.82 | 31.20 | | |

| | | | |
|------------------|-------|--------|---------|
| 6 Miller, Gaby M | 21 | AFA-CO | 5:15.33 |
| 29.00 | 31.41 | 31.43 | 31.74 |
| 31.99 | 31.99 | 32.03 | 32.11 |
| 32.18 | 31.45 | | |

| | | | |
|-------------------|-------|-------|---------|
| 7 Rosychuk, Katie | 18 | SFU | 5:17.17 |
| 28.53 | 30.90 | 31.81 | 32.38 |
| 32.18 | 32.25 | 32.42 | 32.51 |
| 32.48 | 31.71 | | |

| | | | |
|----------------------|-------|---------|---------|
| 8 Van Stone, Jayna K | 21 | SEAU-PN | 5:26.30 |
| 28.86 | 32.01 | 32.64 | 33.16 |
| 33.08 | 32.84 | 33.46 | 33.42 |
| 33.55 | 33.28 | | |

| | | | |
|-------------------|-------|---------|---------|
| 9 Gorman, Julia C | 20 | SEAU-PN | 5:35.82 |
| 29.28 | 32.75 | 33.57 | 34.52 |
| 34.86 | 34.63 | 34.69 | 34.43 |
| 33.73 | 33.36 | | |

| | | | |
|-------------------|-------|---------|---------|
| 10 Gough, Emily N | 21 | SEAU-PN | 5:37.53 |
| 30.10 | 32.69 | 34.20 | 34.13 |
| 34.10 | 33.36 | 34.42 | 34.90 |
| 34.91 | 34.72 | | |

| | | | |
|---------------------|-------|--------|----------|
| --- Loesch, Abbie E | 18 | AFA-CO | X5:20.79 |
| 28.65 | 31.51 | 32.21 | 32.43 |
| 32.48 | 32.48 | 32.93 | 33.05 |
| 33.10 | 31.95 | | |

| | | | |
|----------------------|-------|--------|----------|
| --- Gawronski, Dia M | 18 | AFA-CO | X5:21.79 |
| 28.52 | 31.21 | 32.30 | 32.25 |
| 32.50 | 32.93 | 33.14 | 33.22 |
| 33.27 | 32.45 | | |

Event 16 Men 500 Yard Freestyle

| Name | Age | School | Finals Time |
|----------------------|-------|--------|-------------|
| 1 Woinoski, Andrew | 20 | SFU | 4:36.47 |
| 25.74 | 27.32 | 27.79 | 28.37 |
| 28.37 | 28.54 | 27.33 | 27.87 |
| 27.77 | 27.37 | | |
| 2 Lochmaier, Peter G | 19 | AFA-CO | 4:36.67 |
| 25.67 | 27.53 | 28.28 | 28.20 |
| 28.37 | 28.31 | 28.53 | 28.20 |
| 27.67 | 25.91 | | |

Seattle vs Air Force, SFU - 1/11/2019

Results - Friday

(Event 16 Men 500 Yard Freestyle)

| Name | Age | School | Finals Time | |
|-------------------------|-------|---------|-------------|-------|
| 3 Hamill, Mackenzie | 21 | SFU | 4:36.89 | |
| | 25.29 | 27.30 | 28.13 | 28.42 |
| | 28.70 | 28.87 | 28.32 | 28.32 |
| | 27.60 | 25.94 | | |
| 4 Woinoski, Tim | 23 | SFU | 4:40.64 | |
| | 26.14 | 28.70 | 28.41 | 28.70 |
| | 28.59 | 28.23 | 28.24 | 28.20 |
| | 28.19 | 27.24 | | |
| 5 Grimm, Adam L | 18 | AFA-CO | 4:44.47 | |
| | 25.84 | 29.04 | 28.79 | 28.87 |
| | 28.85 | 28.67 | 29.02 | 28.87 |
| | 28.84 | 27.68 | | |
| 6 Lau, Micah | 18 | SFU | 4:44.67 | |
| | 25.59 | 27.77 | 28.39 | 28.31 |
| | 29.08 | 29.13 | 29.71 | 29.06 |
| | 29.45 | 28.18 | | |
| 7 Varela, Juan E | 19 | SEAU-PN | 4:45.84 | |
| | 26.23 | 28.35 | 28.71 | 29.11 |
| | 29.32 | 29.05 | 29.02 | 29.18 |
| | 28.72 | 28.15 | | |
| 8 Vivadelli, Vinny A | 20 | AFA-CO | 4:48.35 | |
| | 26.08 | 29.00 | 29.19 | 29.79 |
| | 29.63 | 29.33 | 29.31 | 29.00 |
| | 28.66 | 28.36 | | |
| 9 Zenteno, Zach G | 21 | SEAU-PN | 4:49.93 | |
| | 25.87 | 28.72 | 29.52 | 29.40 |
| | 29.64 | 29.55 | 29.27 | 29.72 |
| | 29.58 | 28.66 | | |
| 10 Barnard, Austin C | 21 | SEAU-PN | 4:53.95 | |
| | 26.03 | 28.96 | 29.31 | 29.38 |
| | 30.00 | 30.30 | 30.44 | 30.16 |
| | 29.79 | 29.58 | | |
| 11 Ascencio, Ryan C | 18 | SEAU-PN | 4:55.89 | |
| | 26.91 | 28.73 | 29.56 | 29.83 |
| | 29.55 | 29.90 | 30.54 | 31.01 |
| | 30.35 | 29.51 | | |
| --- Woinoski, Alex | 18 | SFU | X4:50.48 | |
| | 26.49 | 29.06 | 29.75 | 29.59 |
| | 29.48 | 29.56 | 29.66 | 29.64 |
| | 29.13 | 28.12 | | |
| --- Goguen, Jake J | 19 | SEAU-PN | X4:58.19 | |
| | 25.98 | 29.65 | 29.74 | 29.94 |
| | 30.39 | 30.88 | 30.89 | 30.86 |
| | 30.75 | 29.11 | | |
| --- Christensen, Luke T | 20 | SEAU-PN | X5:04.25 | |
| | 26.01 | 28.98 | 30.50 | 31.08 |
| | 31.71 | 31.25 | 31.39 | 31.90 |
| | 31.49 | 29.94 | | |

Event 17 Women 100 Yard Breaststroke

| Name | Age | School | Finals Time | |
|---------------------|-------|--------|-------------|--|
| 1 Johnson, Evelyn N | 19 | AFA-CO | 1:06.36 | |
| | 31.32 | 35.04 | | |
| 2 Wittich, Caroline | 19 | AFA-CO | 1:06.75 | |
| | 32.12 | 34.63 | | |

| | | | | |
|-----------------------------|-------|---------|---------|--|
| 3 Schellin, Heidi J | 20 | AFA-CO | 1:07.30 | |
| | 32.15 | 35.15 | | |
| 4 Doner, Jordan | 18 | SFU | 1:07.83 | |
| | 32.51 | 35.32 | | |
| 5 Lawrance, Erin | 19 | SFU | 1:08.02 | |
| | 32.24 | 35.78 | | |
| 6 Von Sacken Nash, Victoria | 18 | SFU | 1:10.02 | |
| | 33.97 | 36.05 | | |
| 7 Glover, Jayden N | 20 | AFA-CO | 1:10.40 | |
| | 33.39 | 37.01 | | |
| 8 Himes, Darian M | 20 | SEAU-PN | 1:10.86 | |
| | 33.72 | 37.14 | | |
| 9 McGill, Emma M | 19 | SEAU-PN | 1:12.78 | |
| | 34.18 | 38.60 | | |
| 10 Thompson, Margaux J | 20 | SEAU-PN | 1:12.82 | |
| | 33.85 | 38.97 | | |
| 11 Lang-Hodge, Annmarie | 19 | SFU | 1:13.52 | |
| | 34.48 | 39.04 | | |
| 12 Bakewell, Emily N | 20 | SEAU-PN | 1:14.75 | |
| | 35.55 | 39.20 | | |

Event 18 Men 100 Yard Breaststroke

| Name | Age | School | Finals Time | |
|-----------------------|-------|---------|-------------|--|
| 1 Nelson, Zach C | 20 | AFA-CO | 56.39 | |
| | 26.68 | 29.71 | | |
| 2 Weiss, Andrew T | 20 | AFA-CO | 58.46 | |
| | 27.56 | 30.90 | | |
| 3 Richichi, Brendan J | 20 | AFA-CO | 59.10 | |
| | 27.78 | 31.32 | | |
| 4 Marino, Antonio | 19 | SFU | 59.41 | |
| | 28.06 | 31.35 | | |
| 5 Neton, Jack T | 20 | SEAU-PN | 59.47 | |
| | 28.25 | 31.22 | | |
| 6 He, Chang * | 19 | SEAU-PN | 1:00.05 | |
| | 28.45 | 31.60 | | |
| 7 Davis, Logan C | 19 | AFA-CO | 1:00.13 | |
| | 28.36 | 31.77 | | |
| 8 Lychy, Thomas | 19 | SFU | 1:00.98 | |
| | 28.64 | 32.34 | | |
| 9 Fujii, Shawn J | 20 | SEAU-PN | 1:02.26 | |
| | 28.96 | 33.30 | | |
| 10 Bailey, Kyle B | 19 | SEAU-PN | 1:03.13 | |
| | 29.80 | 33.33 | | |
| 11 Sinats, Andreas | 20 | SFU | 1:03.51 | |
| | 29.59 | 33.92 | | |
| --- Mercer, Taj C | 20 | SEAU-PN | X1:03.00 | |
| | 29.73 | 33.27 | | |

Event 19 Women 200 Yard Freestyle Relay

| Team | Relay | Finals Time | |
|----------|---------------------------|------------------------|-------|
| 1 AFA-CO | A | 1:38.50 | |
| | 1) Wolfgramm, Autumn E 21 | 2) Min, Esther S 21 | |
| | 3) Chen, Jessica J 21 | 24.64 | 24.71 |
| | 24.87 | 24.28 | |
| 2 SFU | A | 1:38.91 | |
| | 1) Gibson, Jessie 20 | 2) Cumiskey, Marina 18 | |
| | 3) Olvet, Kristen 20 | 4) Loewen, Kennedy 18 | |
| | 24.79 | 24.95 | 24.74 |
| | | | 24.43 |

Seattle vs Air Force, SFU - 1/11/2019

Results - Friday

(Event 19 Women 200 Yard Freestyle Relay)

| Team | Relay | Finals Time |
|----------------------------|----------------------------|-------------|
| 3 SEAU-PN | A | 1:41.67 |
| 1) Devadason, Sherlyn M 20 | 2) Carr, Sarah E 18 | |
| 3) Van Stone, Jayna K 21 | 4) Plamondon, Allison A 19 | |
| 26.06 26.20 | 25.11 24.30 | |
| 4 AFA-CO | B | 1:42.74 |
| 1) Shimomura, Sidney M 18 | 2) Miller, Gaby M 21 | |
| 3) Mahoney, Elizabeth M 21 | 4) Lim, Kathy 21 | |
| 25.56 25.26 | 25.98 25.94 | |
| 5 SFU | B | 1:43.09 |
| 1) Diehl, Lauren 21 | 2) Mah, Janey 18 | |
| 3) Marchese, Tassa 18 | 4) Sun, Hatty 18 | |
| 25.29 25.92 | 25.66 26.22 | |
| 6 SEAU-PN | B | 1:45.18 |
| 1) Gough, Emily N 21 | 2) Gorman, Julia C 20 | |
| 3) Gabanek, Olivia P 19 | 4) Schulte, Jenessa E 21 | |
| 26.28 26.19 | 25.81 26.90 | |
| 7 AFA-CO | C | 1:46.95 |
| 1) Shirley, Alexis J 19 | 2) Armbruster, Ally M 19 | |
| 3) Buzzelli, Ashley A 19 | 4) Loesch, Abbie E 18 | |
| 26.79 26.48 | 26.83 26.85 | |

Event 20 Men 200 Yard Freestyle Relay

| Team | Relay | Finals Time |
|--------------------------|---------------------------|-------------|
| 1 AFA-CO | A | 1:24.22 |
| 1) Lattin, Matthew J 19 | 2) Lochmaier, Peter G 19 | |
| 3) Orr, Erik C 20 | 4) Shepard, Corey A 19 | |
| 20.95 22.25 | 20.64 20.38 | |
| 2 SEAU-PN | A | 1:24.35 |
| 1) Raper, Greg A 20 | 2) Parker, Isaac B 20 | |
| 3) Keane, Ian P 23 | 4) Crossen, Mitchell M 21 | |
| 20.98 20.95 | 21.33 21.09 | |
| 3 SFU | A | 1:26.36 |
| 1) Hernandez, Rolando 21 | 2) Fuller, Mathew 20 | |
| 3) Fejzic, Amar 19 | 4) Lee, Gabriel 22 | |
| 21.41 21.63 | 22.09 21.23 | |
| 4 AFA-CO | B | 1:29.88 |
| 1) Vivadelli, Vinny A 20 | 2) Pang, Aaron H 18 | |
| 3) Grimm, Adam L 18 | 4) Richichi, Brendan J 20 | |
| 22.19 22.27 | 22.54 22.88 | |
| 5 SEAU-PN | B | 1:30.97 |
| 1) Zenteno, Zach G 21 | 2) Roderick, Alex E 20 | |
| 3) Copioli, Gio G 18 | 4) Ascencio, Ryan C 18 | |
| 22.04 22.11 | 23.63 23.19 | |
| 6 SFU | B | 1:33.46 |
| 1) Woinoski, Andrew 20 | 2) Woinoski, Tim 23 | |
| 3) Woinoski, Alex 18 | 4) Nسدoly, Matthew 19 | |
| 23.27 22.65 | 23.30 24.24 | |