

# SEATTLE UNIVERSITY REDHAWKS SWIMMING

## WOMEN'S ALL-TIME TOP TIMES

### 50 FREESTYLE

|     |                          |                |              |
|-----|--------------------------|----------------|--------------|
| 1.  | Paige Treff              | 2/22/18        | 23.07(lo)    |
| 2.  | Blaise Wittenauer-Lee    | 02/23/17       | 23.60(lo)    |
| 3.  | <b>Allison Plamondon</b> | <b>2/2/19</b>  | <b>23.71</b> |
| 4.  | Elizabeth Hanohano       | 02/10/10       | 23.84        |
| 5.  | Jennifer Wong            | 2/22/18        | 23.87        |
| 6.  | Rachael Rodriguez        | 02/26/15       | 24.06        |
| 7.  | Kevlyn Richards          | 02/28/13       | 24.12(lo)    |
| 8.  | <b>Jayna Van Stone</b>   | <b>2/28/19</b> | <b>24.16</b> |
| 9.  | Kelsey Henan             | 02/25/11       | 24.18(lo)    |
| 10. | Kristin Hoffman          | 02/26/15       | 24.22        |

### 1000 FREESTYLE

|     |                       |               |                    |
|-----|-----------------------|---------------|--------------------|
| 1.  | Madi Lydig            | 03/11/15      | 10:21.61           |
| 2.  | Bethany Gehrke        | 02/28/15      | 10:21.86(s)        |
| 3.  | Emma Foster           | 01/30/16      | 10:27.73           |
| 4.  | Marina Pomar-Enders   | 02/13/11      | 10:29.82(s)        |
| 5.  | Megan Ackerman        | 12/05/02      | 10:36.47           |
| 6.  | Casey Hoffman         | 02/18/12      | 10:40.33           |
| 7.  | Anna Vahna            | 02/10/07      | 10:42.04           |
| 8.  | Allie McGavock        | 02/28/15      | 10:43.42(s)        |
| 9.  | <b>Emily Bakewell</b> | <b>3/2/19</b> | <b>10:46.20(s)</b> |
| 10. | Christina Hunsberger  | 10/18/07      | 10:47.97           |

### 100 FREESTYLE

|     |                          |               |                  |
|-----|--------------------------|---------------|------------------|
| 1.  | Paige Treff              | 2/24/18       | 50.69(lo)        |
| 2.  | Blaise Wittenauer-Lee    | 02/25/17      | 50.81(lo)        |
| 3.  | Elizabeth Hanohano       | 02/13/10      | 51.38            |
| 4.  | <b>Julia Gorman</b>      | <b>3/2/19</b> | <b>51.69(lo)</b> |
| 5.  | Kristin Hoffman          | 02/28/15      | 51.72            |
| 6.  | <b>Allison Plamondon</b> | <b>3/2/19</b> | <b>51.91</b>     |
| 7.  | Jayna Van Stone          | 2/24/18       | 52.04            |
| 8.  | Carlee Bock              | 02/25/15      | 52.43            |
| 9.  | Rachael Rodriguez        | 02/28/15      | 52.48            |
| 10. | Hanna Basler             | 02/18/12      | 52.50            |

### 1650 FREESTYLE

|     |                       |               |                 |
|-----|-----------------------|---------------|-----------------|
| 1.  | Bethany Gehrke        | 02/28/15      | 17:10.75        |
| 2.  | Marina Pomar-Enders   | 02/13/10      | 17:20.86        |
| 3.  | Emma Foster           | 03/01/14      | 17:22.01        |
| 4.  | Madi Lydig            | 12/04/16      | 17:37.80        |
| 5.  | Megan Ackerman        | 03/02/02      | 17:38.57        |
| 6.  | Casey Hoffman         | 02/18/12      | 17:45.16        |
| 7.  | Kelsey Henan          | 12/06/08      | 17:46.18        |
| 8.  | Anna Vahna            | 03/12/05      | 17:46.29        |
| 9.  | Allie McGavock        | 02/28/15      | 17:48.03        |
| 10. | <b>Emily Bakewell</b> | <b>3/2/19</b> | <b>17:57.77</b> |

### 200 FREESTYLE

|     |                       |               |                |
|-----|-----------------------|---------------|----------------|
| 1.  | Blaise Wittenauer-Lee | 02/22/17      | 1:48.75(lo)    |
| 2.  | Hayley Cobb           | 02/10/10      | 1:50.50        |
| 3.  | Kristin Hoffman       | 02/27/15      | 1:50.52        |
| 4.  | Elizabeth Hanohano    | 02/10/10      | 1:50.68        |
| 5.  | <b>Julia Gorman</b>   | <b>3/1/19</b> | <b>1:52.60</b> |
| 6.  | Jayna Van Stone       | 2/23/18       | 1:52.88        |
| 7.  | Emily Gough           | 02/22/17      | 1:53.77        |
| 8.  | Kelsey Henan          | 02/25/11      | 1:53.80        |
| 9.  | Madi Lydig            | 2/21/18       | 1:53.95(lo)    |
| 10. | <b>Sarah Carr</b>     | <b>3/1/19</b> | <b>1:54.27</b> |

### 100 BACKSTROKE

|     |                          |               |              |
|-----|--------------------------|---------------|--------------|
| 1.  | Madi Lydig               | 02/24/17      | 56.91        |
| 2.  | Francesca Reale          | 03/14/08      | 57.15        |
| 3.  | Katie Rottman            | 02/24/17      | 57.32        |
| 4.  | Celeste Salopek          | 12/02/16      | 57.56(lo)    |
| 5.  | Jennifer Wong            | 2/23/18       | 57.75        |
| 6.  | Kaitlyn Overstreet       | 02/24/17      | 57.86        |
| 7.  | Rachel Leighter          | 02/10/10      | 57.96        |
| 8.  | Carlee Bock              | 02/27/15      | 57.98        |
| 9.  | Hanna Basler             | 02/10/10      | 58.38        |
| 10. | <b>Allison Plamondon</b> | <b>3/1/19</b> | <b>58.50</b> |

### 500 FREESTYLE

|     |                       |                |                |
|-----|-----------------------|----------------|----------------|
| 1.  | Madi Lydig            | 02/23/17       | 4:54.87        |
| 2.  | Hayley Cobb           | 02/24/11       | 4:58.21        |
| 3.  | Bethany Gehrke        | 02/27/14       | 5:03.48        |
| 4.  | <b>Emily Gough</b>    | <b>2/28/19</b> | <b>5:04.49</b> |
| 5.  | Emma Foster           | 02/28/14       | 5:04.90        |
| 6.  | Blaise Wittenauer-Lee | 12/05/14       | 5:05.49        |
| 7.  | Marina Pomar-Enders   | 02/24/11       | 5:06.10        |
| 8.  | Sidney Pinger         | 02/23/17       | 5:06.44        |
| 9.  | Kristen Michemer      | 11/26/02       | 5:07.24        |
| 10. | Jane Liggett          | 02/25/16       | 5:07.76        |

### 200 BACKSTROKE

|     |                 |          |         |
|-----|-----------------|----------|---------|
| 1.  | Madi Lydig      | 02/25/17 | 1:58.82 |
| 2.  | Rachel Leighter | 02/13/10 | 2:03.23 |
| 3.  | Jayna Van Stone | 02/25/17 | 2:04.80 |
| 4.  | Carlee Bock     | 03/01/14 | 2:05.40 |
| 5.  | Katie Rottman   | 02/27/16 | 2:05.60 |
| 6.  | Hanna Basler    | 02/26/11 | 2:05.87 |
| 7.  | Maddie Dickman  | 2/24/18  | 2:07.40 |
| 8.  | Celeste Salopek | 12/04/16 | 2:07.48 |
| 9.  | Elise Fischbach | 02/14/04 | 2:07.98 |
| 10. | Mackenzie Gant  | 03/01/14 | 2:08.02 |

# SEATTLE UNIVERSITY REDHAWKS SWIMMING

## 100 BREASTSTROKE

|     |                       |               |                |
|-----|-----------------------|---------------|----------------|
| 1.  | Blaise Wittenauer-Lee | 02/24/17      | 1:00.52        |
| 2.  | Kevlyn Richards       | 03/01/13      | 1:01.95        |
| 3.  | Alexis Morehouse      | 02/25/11      | 1:01.99        |
| 4.  | Annika Perry          | 12/03/16      | 1:04.74        |
| 5.  | Caroline Van Maren    | 02/27/15      | 1:06.25        |
| 6.  | Samantha Pang         | 10/08/10      | 1:06.26        |
| 7.  | Darian Himes          | 2/23/18       | 1:06.76        |
| 8.  | Erin Matthew          | 02/21/04      | 1:06.77        |
| 9.  | <b>Emma McGill</b>    | <b>3/1/19</b> | <b>1:06.87</b> |
| 10. | Dilynn D'Agostino     | 03/01/13      | 1:06.88        |

## 200 BUTTERFLY

|     |                     |          |         |
|-----|---------------------|----------|---------|
| 1.  | Bryn Lasher         | 2/24/18  | 2:03.94 |
| 2.  | Kaitlyn Overstreet  | 02/27/16 | 2:04.09 |
| 3.  | Emily Gough         | 02/25/17 | 2:04.54 |
| 4.  | Jane Liggett        | 03/01/14 | 2:05.05 |
| 5.  | Anna Vahna          | 02/11/06 | 2:05.27 |
| 6.  | Megan Kelley        | 02/26/11 | 2:05.65 |
| 7.  | Maddie Rapp         | 12/04/16 | 2:05.98 |
| 8.  | Connie Rae Shobaken | 02/26/11 | 2:06.93 |
| 9.  | Shelby Remillard    | 02/13/10 | 2:06.98 |
| 10. | Sherlyn Devadason   | 2/24/18  | 2:08.08 |

## 200 BREASTSTROKE

|     |                       |          |         |
|-----|-----------------------|----------|---------|
| 1.  | Blaise Wittenauer-Lee | 02/25/17 | 2:09.85 |
| 2.  | Alexis Morehouse      | 02/26/11 | 2:15.19 |
| 3.  | Kevlyn Richards       | 03/02/13 | 2:17.02 |
| 4.  | Annika Perry          | 02/27/16 | 2:21.58 |
| 5.  | Marion Gallagher      | 02/21/04 | 2:22.33 |
| 6.  | Ashley Best           | 11/12/04 | 2:23.43 |
| 7.  | Karla Ruff            | 03/02/13 | 2:23.54 |
| 8.  | Dilynn D'Agostino     | 03/02/13 | 2:23.69 |
| 9.  | Erin Matthew          | 02/21/04 | 2:23.84 |
| 10. | Darian Himes          | 2/24/18  | 2:24.22 |

## 200 INDIVIDUAL MEDLEY

|     |                       |                |                |
|-----|-----------------------|----------------|----------------|
| 1.  | Blaise Wittenauer-Lee | 02/23/17       | 1:59.95        |
| 2.  | Alexis Morehouse      | 02/16/12       | 2:04.97        |
| 3.  | Hayley Cobb           | 02/10/10       | 2:05.39        |
| 4.  | Annika Perry          | 02/23/17       | 2:06.55        |
| 5.  | Darian Himes          | 2/22/18        | 2:07.51        |
| 6.  | Kevlyn Richards       | 02/16/12       | 2:07.80        |
| 7.  | Kate Sabourin         | 02/26/15       | 2:08.35        |
| 8.  | Karla Ruff            | 02/28/13       | 2:08.94        |
| 9.  | <b>Sarah Carr</b>     | <b>2/28/19</b> | <b>2:09.76</b> |
| 10. | <b>Emily Bakewell</b> | <b>2/28/19</b> | <b>2:10.28</b> |

## 100 BUTTERFLY

|     |                    |               |              |
|-----|--------------------|---------------|--------------|
| 1.  | Paige Treff        | 2/23/18       | 55.14        |
| 2.  | Bryn Lasher        | 12/2/17       | 55.58        |
| 3.  | Kaitlyn Overstreet | 12/03/16      | 56.37        |
| 4.  | Jane Liggett       | 02/28/14      | 56.38        |
| 5.  | Briley Boggs       | 02/25/11      | 56.40        |
| 6.  | Lindsey Gall       | 02/10/06      | 56.68        |
| 7.  | <b>Maddie Rapp</b> | <b>3/1/19</b> | <b>56.94</b> |
| 8.  | Sherlyn Devadason  | 2/23/18       | 56.98        |
| 9.  | Emily Gough        | 2/23/18       | 56.99        |
| 10. | Megan Kelley       | 02/25/11      | 57.20        |

## 400 INDIVIDUAL MEDLEY

|     |                       |          |         |
|-----|-----------------------|----------|---------|
| 1.  | Blaise Wittenauer-Lee | 12/06/15 | 4:20.06 |
| 2.  | Bethany Gehrke        | 02/17/12 | 4:26.16 |
| 3.  | Kate Sabourin         | 02/24/17 | 4:28.84 |
| 4.  | Hayley Cobb           | 02/20/09 | 4:31.60 |
| 5.  | Emily Bakewell        | 12/2/17  | 4:32.00 |
| 6.  | Alexis Morehouse      | 01/28/11 | 4:34.02 |
| 7.  | Sidney Pinger         | 02/28/14 | 4:35.66 |
| 8.  | Karla Ruff            | 03/01/13 | 4:35.99 |
| 9.  | Mackenzie Gant        | 03/01/12 | 4:36.24 |
| 10. | Kristie Rice          | 02/19/05 | 4:36.34 |



# SEATTLE UNIVERSITY REDHAWKS SWIMMING

## 200 FREESTYLE RELAY

|     |   |          |         |
|-----|---|----------|---------|
| 1.  | Treff, Plamondon, Wong, Thompson        | 2/22/18  | 1:33.73 |
| 2.  | Wittenauer-Lee, Dickman, Pinger, Treff  | 02/23/17 | 1:34.76 |
| 3.  | Wittenauer-Lee, Treff, Hartman, Bayless | 02/25/16 | 1:35.36 |
| 4.  | Bock, Rodriguez, Hoffman, Treff         | 02/26/15 | 1:35.50 |
| 5.  | Richards, Doi, Bayless, Randolph        | 02/28/13 | 1:36.07 |
| 6.  | Henan, Basler, Morehouse, Cobb          | 02/25/11 | 1:36.26 |
| 7.  | Van Stone, Plamondon, Wong, Treff       | 12/1/17  | 1:36.39 |
| 8.  | Hanohano-Hong, Morehouse, Henan, Basler | 02/10/10 | 1:36.58 |
| 9.  | Doi, Bayless, Bock, Randolph            | 02/27/14 | 1:36.68 |
| 10. | Treff, Dickman, Hartman, Hoffman        | 10/24/15 | 1:37.23 |

## 400 FREESTYLE RELAY

|     |  |               |                |
|-----|--|---------------|----------------|
| 1.  | Wittenauer-Lee, Treff, Van Stone, Hoffman  | 02/25/17      | 3:26.85        |
| 2.  | <b>Gorman, Van Stone, Carr, Plamondon</b>  | <b>3/2/19</b> | <b>3:27.37</b> |
| 3.  | Wittenauer-Lee, Rodriguez, Pinger, Hoffman | 02/28/15      | 3:27.48        |
| 4.  | Treff, Van Stone, Gorman, Thompson         | 2/24/18       | 3:29.06        |
| 5.  | Wittenauer-Lee, Doi, Pinger, Hoffman       | 03/01/14      | 3:29.68        |
| 6.  | Cobb, Basler, Nguyen, Henan                | 02/26/11      | 3:30.10        |
| 7.  | Wittenauer-Lee, Bayless, Pinger, Treff     | 02/27/16      | 3:30.38        |
| 8.  | Hanohano-Hong, Morehouse, Henan, Cobb      | 02/13/10      | 3:30.80        |
| 9.  | Plamondon, Dickman, Van Stone, Treff       | 12/3/17       | 3:31.04        |
| 10. | Richards, Doi, Bayless, Randolph           | 03/02/13      | 3:32.94        |

## 800 FREESTYLE RELAY

|     |   |                |                |
|-----|---|----------------|----------------|
| 1.  | Wittenauer-Lee, Hoffman, Pinger, Lydig      | 02/25/15       | 7:25.20        |
| 2.  | Wittenauer-Lee, Hoffman, Lydig, Van Stone   | 02/22/17       | 7:27.30        |
| 3.  | Wittenauer-Lee, Lydig, Pinger, Gough        | 02/24/16       | 7:32.15        |
| 4.  | Wittenauer-Lee, Hoffman, Van Stone, Salopek | 12/03/16       | 7:35.62        |
| 5.  | Lydig, Van Stone, Gorman, Gough             | 2/21/18        | 7:35.98        |
| 6.  | <b>Gorman, Van Stone, Carr, Gough</b>       | <b>2/27/19</b> | <b>7:37.18</b> |
| 7.  | Hanohano-Hong, Basler, Henan, Cobb          | 02/10/10       | 7:40.60        |
| 8.  | Nguyen, Pomar-Enders, Basler, Cobb          | 02/23/11       | 7:40.76        |
| 9.  | Wittenauer-Lee, Hoffman, Gehrke, Rottman    | 02/26/14       | 7:41.90        |
| 10. | Basler, Ruff, Pomar-Enders, Gehrke          | 02/18/12       | 7:45.94        |

## 200 MEDLEY RELAY

|     |  |                |                |
|-----|--|----------------|----------------|
| 1.  | Bock, Wittenauer-Lee, Liggett, Treff           | 02/25/15       | 1:44.10        |
| 2.  | Overstreet, Perry, Liggett, Treff              | 02/24/16       | 1:44.71        |
| 3.  | Wong, Thompson, Lasher, Treff                  | 2/21/18        | 1:45.48        |
| 4.  | Bock, Wittenauer-Lee, Liggett, Doi             | 02/26/14       | 1:45.60        |
| 5.  | Salopek, Wittenauer-Lee, Overstreet, Van Stone | 12/03/16       | 1:45.76        |
| 6.  | Dang, Richards, Randolph, Doi                  | 02/27/13       | 1:46.15        |
| 7.  | Nguyen, Morehouse, Boggs, Henan                | 02/23/11       | 1:46.38        |
| 8.  | <b>Wong, Himes, Devadason, Plamondon</b>       | <b>2/27/19</b> | <b>1:47.05</b> |
| 9.  | Nguyen, Richards, Franke, Doi                  | 02/15/12       | 1:47.30        |
| 10. | Salopek, Wittenauer-Lee, Overstreet, Treff     | 11/05/16       | 1:47.34        |

## 400 MEDLEY RELAY

|     |  |          |         |
|-----|--|----------|---------|
| 1.  | Lydig, Wittenauer-Lee, Treff, Hoffman          | 02/24/17 | 3:44.35 |
| 2.  | Rottman, Wittenauer-Lee, Liggett, Treff        | 02/26/16 | 3:48.12 |
| 3.  | Salopek, Wittenauer-Lee, Overstreet, Van Stone | 12/02/16 | 3:48.76 |
| 4.  | Bock, Wittenauer-Lee, Liggett, Hoffman         | 02/27/15 | 3:48.80 |
| 5.  | Nguyen, Morehouse, Boggs, Henan                | 02/24/11 | 3:50.06 |
| 6.  | Leighter, Morehouse, Boggs, Hanohano-Hong      | 02/10/10 | 3:50.27 |
| 7.  | Leighter, Morehouse, Randolph, Basler          | 02/16/12 | 3:50.56 |
| 8.  | Leighter, Richards, Liggett, Doi               | 03/01/13 | 3:52.94 |
| 9.  | Bock, Wittenauer-Lee, Liggett, Doi             | 02/28/14 | 3:53.09 |
| 10. | Woodworth, Gallagher, Rivera, Michener         | 2002     | 3:54.87 |